



“Learn To Juggle Today” K-8 Program Guidelines

The program is designed for PE classes. A gym or multi-purpose room is ideal. Class size up to 40 children at a time.

We are flexible and will work with you to insure success of the program...
Whatever it takes.

Bounce and Karen arrive with Juggling balls, scarves, rings, and clubs.

A lively demonstration using all the props starts the workshop and is followed by detailed Hands On instruction.

Juggling is an exciting process of discovery and cognitive thinking.

Juggling is all about “Control”
Control where you throw the balls;
Control where your eyes are focused;
Control where you catch the balls.

Juggling teaches Problem Solving skills.

Mastering Juggling requires
Patience, Perverserence and Practice.

Like everything in life...
The More You Do It...The Better You Get!

“The juggling and balancing workshop was a wonderful experience for my students, and the skills you taught them are extremely valuable and necessary.

This is an important time for the children developmentally and the “juggling”, “hand-eye coordination” and “balance drills” were a wonderful change from traditional PE activities to develop motor skills. Thank you again.”

*Natalia Duke
P.E. Teacher, Key West Montessori School*



“I thought it was really kind of you to come and teach all the kids to juggle. I learned how to juggle 3 balls!”

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Bounce & Karen Can Teach You



“Learn To Juggle Today”



"You are good teachers, and yes I would like to learn more."



"I had so much fun juggling. It was a blast! I will practice."

"Thank you for sharing your time and talents with our students. Since you wrapped up your visit, kids from every class have continuously begged that we make the juggling and balancing workshop a yearly event."

I was most impressed with your teaching methods. Your simplified teaching progression of such a complex skill allowed children in a wide range of ability and age to experience the thrill of successfully learning a new skill. That was simply amazing to watch."

John Hughes

PE Teacher, Poinciana Elementary School



*"Dear Bounce and Karen
We really appreciated the time you spent at our school.
All 551 of our students were inspired by your Juggling and Balancing workshops. As educators, we know how important it is to develop hand eye skills to enhance brain function, and your program was excellent.
Many students have improved their juggling skills tremendously since last year's workshops and we hope you can work with us again next year."*

**Amy Rembisz,
PE Teacher, Plantation Key School**



"Thank you for coming to our school. We appreciate it very much and can't wait to see you next year."



"Bounce and Karen are good teachers because they showed us how to juggle step by step"



"I hope Bounce and Karen come back next year because they taught us a lot of neat things"



"Can't wait to see you next year!"



"Bounce and Karen are very goal oriented, punctual, easygoing and very devoted to their work. They are "people" people and very enjoyable to be around."

I feel that their subject matter, Juggling and Balancing, is very important to the PE curriculum, and the students and I gain very much by having them work with us."

We would love to have Bounce and Karen continue their "Juggling and Balancing Workshop" in the future at Sugarloaf School and would love to have them here longer next year."

**Sean McDonald
PE Teacher, Sugarloaf School**